

NavyTrident's Triathlon/Duathlon

Registration Form

Sunday 29 May, 2011



Name: _____⁽¹⁾ TNS Number: _____

Address: _____

Gender: M / F

Email: _____

Phone: _____ Age (as of Dec 31st 2010): _____

| Event: Check Race Distance | Distance (Swim / Bike / Run) | ⁽²⁾ Race Fee Before May 11th | Race Fee After May 11th |
|----------------------------|------------------------------|---|-------------------------|
| Sprint | 750m / 20k / 5k | \$ 40.00 | \$ 55.00 |
| Duathlon | 3km / 20km / 3km | \$ 35.00 | \$ 45.00 |
| Super Sprint Triathlon | 500m / 15k / 5k | \$ 25.00 | \$ 30.00 |

Predicted Swim Time: _____min _____sec

All registration cheques are to be made out to the Base Fund and mailed with the registration form to:

Attention Steven Elliott,
10 Cathy Cross Drive
Dartmouth, NS B2W 2R5

The Fine Print:

⁽¹⁾ All non-members will need to purchase a 1 day race license from TNS.

⁽²⁾ There will be **No Race Day Registration for the triathlon events**. Registrations must be received by the **27th of May 2011**.

Triathlon registrations are limited to 200: register early to avoid disappointment.